



spotlight on - greece
small dishes - 4.5
greek lemon potatoes
greek salad
white bean stew
spanakopita
baklava



bread
GlouGlou focaccia
served with either - kalamata olive oil and balsamic / Appleby's butter - 5



vegetable
glouglou hummus with pickle - 3
nocellara olives - 3
pistachios - 2.5
pepperdew peppers - 3
Vanilla and Spice
pickle - 3 / carrot pickle - 3
kimchi - 3.5



cheese
Moyden's - blue wrekin - 4.5 / white wrekin - 4.5 / caer caradog - 4.5 / ironbridge - 4.5
Appleby's - smoked Cheshire - 4.5 / white Cheshire - 4.5 / double gloucester - 4.5
The Dairy Door - st bartie's brie - 4.5 / harley halloumi - 4.5
Trefaldwyn - blue - 4.5
ask one of the Cru for this week's selection



meat
shropshire salumi - collar - 4.5 / chorizo - 4.5 / salami - 4.5 / bresaola - 4.5
ask one of the Cru for this week's selection



boards
cheese board - selection of 3 cheeses - 12.5
meat board - selection of 3 cured meats - 12.5
veggie board - selection of 3 vegetarian options - 10
the full sharer - all of the above plus house focaccia - 30



the GlouGlou toastie
ask one of the Cru for today's selection - 6



sweet treats
GlouGlou basque cheesecake - 5



Slow Food

Slow Food envisions a world in which all people can access and enjoy food that is good for them, good for those who grow it and good for the planet. Slow Food is a global, grassroots organisation, founded in 1989 to prevent the disappearance of local food cultures and traditions, and to raise awareness of how food is tied to many other aspects of life, including culture, politics, agriculture and the environment. Through our food choices we can collectively influence how food is cultivated, produced and distributed, and change the world as a result. We try to follow this ethos in everything we do.

We are proud to be a member and supporter of Slow Food and regularly hold events in collaboration with Ludlow Marches Slow Food. Find out more at slowfoodludlow.org.



miles to our food producers and suppliers

Glouglou kitchen - 0 mi
Vanilla and Spice - 1 mi
Shropshire Microfarm - 2 mi
Shropshire Salumi - 7 mi
The Dairy Door - 13 mi
RawCao - 15 mi
Appleby's Dairy - 16 mi
Moyden's Dairy - 18 mi
Trefaldwyn - 22 mi
Reg May's Artisan Pies - 22 mi
Appleteme - 28 mi
The Olive Press - 31 mi
Skyborry - 36 mi



allergens

Please speak to one of our Cru about any allergens, intolerances or dietary requirements. We will always try our very best to accommodate your needs however we do work in an open kitchen and cannot guarantee against all cross contamination.